

'09 LISBON ALUMNI MEETING

OCTOBER

1st | 2nd | 3rd | OCTOBER



THURSDAY 1st OCTOBER

ARRIVAL IN LISBON. LISBON INTERNATIONAL AIRPORT ALSO KNOWN AS AEROPORTO DA PORTELA, IS THE MAIN AIRPORT SERVING PORTUGAL.

THE EASIEST WAY TO GET TO **HOTEL D.PEDRO V** IS BY TAXI AND IT WILL COST YOU ABOUT €15. OUTSIDE THE ENTRANCE THERE IS A TAXI STOP (BLACK AND GREEN CARS OR BEIGE CARS). IT WILL TAKE 10 -15 MINUTES TO GET TO THE HOTEL.



» We will have a welcome COCKTAIL at the Barrocas Sarmiento Neves office, located in Amoreiras towers.

FRIDAY 2st OCTOBER | morning



» Following breakfast we will have a walk around Alfama, one of the most typical and historical quarter of Lisbon. Visiting Alfama is to visit the architecture, the sounds and the smells of old Lisbon. On its narrow and winding streets you'll find the hidden treasure of Alfama and on its steep stairs you will be able to breathe the soul of Lisbon.

In Alfama, it is still possible to see Roman and Arab remains, two of the most dominant civilizations in Lisbon's past. There are narrow streets resulting from Muslim culture, guided by individualistic rules where public spaces are not important. The narrow streets are a mark of the Coran, where little value is given to facades but a much greater value is given to the interiors of the houses.



Alfama was once home to the unlucky, delinquents or non-grateful and due to its proximity with the river it was also the home of many sailors.

Rebuilt by the local population after the 1755 earthquake, Alfama was to be demolished but the decision didn't go through as this region of Lisbon was thankfully considered to be a living history book where the past blends with the present.



» After Alfama we'll go to have a guided visit to the **Portuguese Supreme Court of Justice**.



» Lunch at the famous Costa do Estoril/Cascais in one of the most pleasant restaurants of Guincho - **FURNAS DO GUINCHO**.

FRIDAY 2st OCTOBER | afternoon



» After lunch, we will go to a sightseeing tour: Guided visit to the beautiful Sintra village.

Sintra is a very, romantic area near Lisbon. Refuge for the lonely and enchanting scenery for lovers, this is a region with many charms. Monuments, sea and mountains get together in one of the most perfect combinations. Sintra's mountain ridge starts right on the heart of the 'Vila' and ends into the Ocean, on the most western point of mainland Europe - Cabo da Roca.

Declared a World Heritage site by UNESCO, Sintra was once home to the aristocracy who chose it to build their palaces and mansion-houses and is today an unforgettable place for those who visit Lisbon area.

Mysterious Sintra is unique not only because of its many monuments, nature and beaches, but also due to its peculiar characteristic alleys.



FRIDAY 2st OCTOBER | evening



» Dinner at **Casa do Leão** restaurant in the historical **St. George Castel**. Saint George Castle is a magical place, a charming hilltop citadel with geese and ducks roaming around the castle gardens. Once used as a fortress, today it is home to many local families and a place that certainly deserves a visit.

Conquered by the Portuguese in 1147, Saint George Castle has an area of around 6000 square meters with several towers, look-outs, a dry moat and two squares divided by an internal wall with a connecting door.

The symbiosis between the castle and the landscape couldn't be better. Due to its historical background and the dazzling views it offers, this is the perfect place for a relaxing dinner listening to **Portuguese Fado!**

SATURDAY 3rd OCTOBER | morning



» Following breakfast we will have a walk around Chiado quarter. **Chiado** is nowadays a noble shopping area with all sorts of facilities and street entertainment. Here you will find hotels, theatres, bookshops, museums, restaurants, famous Portuguese fashion houses and the famous haunt of personalities like Fernando Pessoa and Eça de Queiroz, in a location actually chosen by the city's art students: the café "A Brasileira".

This area has that 'special something' and you can see it in the buildings and live it in the story of the 1988 fire.

On 25th of August 1988, a fire that started in a store in Carmo Street and that spread to Garrett Street devastated Chiado. Even though there are still some scars of that disaster, a massive renovation program has brought today Chiado back to life and it is better than ever!



» Lunch in the heart of Chiado in a modern restaurant - **SPOT São Luiz**

SATURDAY 3rd OCTOBER | afternoon



» After lunch, we will go to a sightseeing tour: Guided tour in a Electric Car. See most part of the old Lisbon from a typical yellow electric car. Relax and enjoy the one hour tour, and take some amazing photos.

The tour will finish at Belém where **Jerónimos Monastery** the “Jewel” of the Manuelino style is. This exclusive Portuguese style combines architectural elements from the Gothic and from the Renaissance periods, joining them with a royal and naturalist symbology, that makes it unique and honourable.

In 1907 it was declared a National Monument and in 1984 it was classified “Cultural Heritage of all Humanity” by UNESCO



» Pastéis de Belém

Passing through Belém?... For your own sake, try one, or two, or three, or four... make sure you try at least one of the famous Belém custard tarts from the original factory, located in the beautiful area of Belém.

Every morning, the 'tarts master' works in the kitchen using a secret recipe unique throughout the whole world.

You can eat custard tarts in many cafes, but none would taste like the original tarts, specially when they are still hot and you sprinkle them with cinnamon and powder sugar. But, even if they're cold, they are still quite delicious.



Just make sure you take some more with you. They are very well packed in special boxes with the little packets of sugar and cinnamon and before you leave the factory, take a look around - you'll be amazed at the tiled panels in some of the five rooms opened to public.

SATURDAY 3rd OCTOBER | afternoon



» Just before return to the hotel we will stop at **Torre de Belém** and **Monumento dos Descobrimentos**, two of the most visited and important monuments of Lisbon history.

» **Torre de Belém**

Belém Tower was built in the Age of the Discoveries (when defending the city was of paramount importance) in tribute to the patron saint of the city, Saint Vicente.

The tower is replete with Manuelino style decoration, symbols of the King's power: cables encircling the building and terminating in elegant knots, armillary spheres, crosses of the Military Order of Christ and naturalistic elements such as the rhinoceros, the first such representation in stone known in Europe.

In time, with the construction of new, more modern and more effective defences, the Tower of Belém lost its role as defender of the entrance of the River Tagus.

As centuries passed, new functions were given to the tower. It was a customs control point, a telegraph station and even a lighthouse. It also served as a political prison, its storerooms transformed into dungeons, since 1580 and during periods of political unrest. Finally, in 1983 UNESCO classified it as a World Heritage Site.



» **Monumento dos Descobrimentos**

The Monument to the Discoveries was inaugurated in 1960 during celebrations of the 500 year anniversary of the death of the Infante D. Henrique (Henry the Navigator). It is a memorial to the maritime expansion and is designed in the shape of a caravel, showing Henry the Navigator at the prow holding a small caravel, as well as many relevant heroes of Portuguese history (Vasco da Gama, Pedro Álvares Cabral - discoverer of Brazil - Fernão Magalhães - who crossed the Pacific in 1520 -, the writer Camões and many others).

Seen from the huge mariners compass this monument fascinates visitors with its impressiveness and its 50 meters height. It is visited by millions of people each year. Cut into the paving stone, the compass (see panel above) was a present from the Republic of South Africa in 1960 and it's best seen from the top of the Monument to the Discoveries, that you can access by elevator located inside the building. The central map, depicting galleons and mermaids, shows the routes of the discoverers in the 15th and 16th centuries.

It is located in Belém, on the bank of the River Tagus, in an unique monumental area and looks particularly dramatic in the light of the late afternoon sun.

SATURDAY 3rd OCTOBER | evening



» **Dinner** at the restaurant **SUITE**. Situated inside Park Expo area and managed by the chef Fausto Airoidi, is a very modern and different space where gourmet meals are served in a unique way,

dream about

phone | **+351 96 210 34 60 // +351 96 682 17 18**

e-mail | **geral@dreamabout.pt**

PROGRAM RATE

Price Per Person: **€385,00** (excluding accommodation)

The deadline for reservations is September the 10th